



For Immediate Release

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LYNN O' ROURKE HAYES TO PROVIDE "CRUISING 101" TIPS, AN EASY, AFFORDABLE FAMILY VACATION 'HOW TO'

Travel expert and writer to discuss how to make the most out of Carnival Cruise Lines' year-round service from Charleston SC, starting May 18th

CHARLESTON, S.C. – FamilyTravel.com Editor Lynn O'Rourke Hayes has essential tips to make smooth sailing out of the next family summer getaway. With Carnival Cruise Lines beginning year-round service from Charleston, S.C. on May 18th, paradise is just a drive away for those living in the Southeastern U.S. O'Rourke Hayes' satellite media tour, "Cruising 101: 5 Simple Steps to the Vacation of a Lifetime," delves into how to get the best deals and make the most out of a cruise vacation perfect for the whole family.

Cruising 101 will share:

- How to get the best deals on cruises
- How to cruise like a pro
- What you'll need to bring with you on a cruise
- What to expect from your cruise vacation
- How to customize a cruise to fit you and your travel companions

Lynn O'Rourke Hayes offers a wealth of knowledge and travel insights based on more than 25 years of experience writing and speaking about her travels. A mother of three, she is particularly aware of how to visit new destinations without breaking the budget.

The 2,056-passenger Carnival Fantasy will operate five-, six- and seven-day voyages to the Bahamas and Key West, Fla., beginning May 18, from the Passenger Terminal in historic Charleston. Carnival is the first cruise line to launch a year-round cruise program from Charleston. On this route, five-day cruises departing Mondays, Wednesdays and Fridays will call

at Nassau and Freeport, the Bahamas; six-day voyages depart Saturdays and will visit Freeport, Nassau and Key West, Fla.; and seven-day voyages depart Saturdays and will feature Grand Turk, the private Bahamian island of Half Moon Cay, and Nassau.

About Lynn O'Rourke Hayes

For more than 25 years, Lynn O'Rourke Hayes has been writing and speaking about travel and more. Through her writing, photography and consulting, she relishes sharing strategies for balancing family, work and exploration. She's the co-owner and editor of FamilyTravel.com and a weekly travel columnist for the *Dallas Morning News*. Her articles and comments have appeared in *The New York Times*, *The Washington Post*, *USA TODAY* and *The Arizona Republic*. She's appeared before the U.S. Congress, on CNN, the Today Show and numerous other television and radio programs.

About Carnival Cruise Lines

Carnival is the largest and most popular cruise line in the world, with 22 "Fun Ships" operating voyages ranging from three to 15 days in length to the Bahamas, Caribbean, Mexico, Alaska, Hawaii, New England, Canada, Europe and the Panama Canal. Carnival will introduce the first year-round cruise schedule from Charleston, S.C. with the deployment of the 2,056-passenger Carnival Fantasy beginning May 18, 2010. For additional information on Carnival's "Fun Ship" vacations, contact any travel agent, call 1-800-CARNIVAL, or visit carnival.com.

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For More Information, Contact:

Erin Watson

EWatson@RawleMurdy.com

(843) 577-7327 (o)/(843-513-9059 (c)